

## PROGRAM CO-DIRECTORS



**Ms Liz Anne Smith** TC. MA  
Pastoral Studies, Grad Dip  
Religion Studies, Grad Dip  
Community Counselling,  
Grad Cert Pastoral  
Supervision.

Liz Anne has experience as teacher and pastoral assistant in parishes, as well as spending many years as University and School Chaplain in various campuses in Canberra. She received her training in spiritual direction from the Institute for Spiritual Leadership in Chicago, and her Master of Arts in Pastoral Studies at Loyola University in Chicago.

Liz Anne is currently a member of the Australian Ecumenical Council for Spiritual Direction, and National Secretary of Australian Network for Spiritual Direction. Her passion for spiritual direction has taken Liz Anne to the Solomon Islands to facilitate the training of local spiritual guides. She is an experienced spiritual director, supervisor and retreat director.

Liz Anne Smith  
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**Ms Suzanne Dunbar**, B.Sc. Dip.  
Ed. MA Spirituality  
Director of Barnabas Ministries Inc,  
an ecumenical agency offering soul  
care. Sue trained in spiritual  
formation at the Institute for

Spiritual Leadership, Chicago, joining the staff there while completing a Master of Arts in Spirituality at Loyola University.

Sue is a spiritual director, supervisor and retreat/workshop leader. She is passionate about training spiritual directors and is currently the director of three training programs in Australia. Her commitment to spiritual formation has led to roles as:

- National President for the Australian Network for Spiritual Direction
- Australian Ecumenical Council for Spiritual Direction council member
- Various roles and presentations for Spiritual Directors International

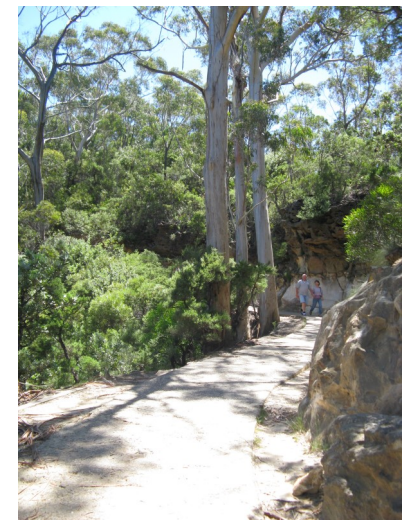
Based in Canberra, Sue's ministry takes her throughout Australia and sometimes beyond .



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A transformative journey in  
spiritual direction formation

Soul Companions



# Soul Companions: a transformative journey in spiritual direction formation

## WHAT IS SOUL COMPANIONS?

This three year program is designed for those who sense God calling them to the ministry of spiritual direction, and are looking for a community in which this call can be explored, discerned and nurtured.

It's designed to assist both ordained and lay people in their spiritual lives and train them in the important work of becoming soul companions for others.

The program invites participants to embark on a journey that will involve personal

transformation in the process of discerning the call to this ministry.

*Open the door to the transformative experiences of life.*

## SPIRITUAL DIRECTION IS:

- ◆ Accompanying people on their journey of life and faith
- ◆ Prayerful conversation between two people
- ◆ Listening for the flow of the Spirit
- ◆ Assisting directees to respond to God's movement in ways that are healing, just and reconciling for all .

## COURSE COMPONENTS:

### Years 1 and 2

Students participate in monthly lectures, workshops, quadrads and seminars over two semesters each year. These amount to 8 Friday/Saturday workshops over the course of each year.

The focus of these inputs will be on spirituality and spiritual direction plus regular worship drawing from various Christian traditions.

### Year 3

Intern year - Supervised External Practicum with individual supervision plus monthly group meetings.

### Discernment

The program offers an ongoing process over three years to discern a call to the ministry of spiritual direction.

### Dates for 2019

In 2019 the program will run over 8 Friday/Saturdays from 9-5 (Fri) and 9-4.30 (Sat)

Feb 8/9

March 8/9

April 12/13

May 10/11

August 2/3

Sept 13/14

Oct 11/12

Nov 15/16

## APPLICATION PROCESS

In order to be admitted to the Soul Companions Program in Spiritual Direction, it is necessary to furnish the Program Co-Directors with:

1. A brief spiritual autobiography indicating the pattern of development in the applicant's spiritual life and present sense of God.
2. A brief statement indicating the reasons for undertaking the course.
3. A letter of recommendation from the candidate's Spiritual Director and/or Minister/Pastor/Priest.
4. A registration fee of \$50 that is non-refundable but will be deducted from the tuition fee for the current year.
5. Further information / application form :  
[www.barnabasministries.org.au](http://www.barnabasministries.org.au) OR  
[www.spiritualdirectionrainingact.org.au](http://www.spiritualdirectionrainingact.org.au)  
E: [souljourneycompanions@gmail.com](mailto:souljourneycompanions@gmail.com)

