



## 2018/2019 Program

In the first stage, participants will attend one x two-day residential and four x two day workshops. The November residential will be an intensive with the program cohort. The other four Fri/Sat workshops will include some presentations with the Soul Companions program, a quiet afternoon and reflective practice group. Attendance at all five workshops is a requirement.

### 2-4 November 2018

@ The Hermitage, Mittagong

### 8-9 March 2019

@ Holy Covenant, Cook ACT

### 10-11 May 2019

@ Holy Covenant, Cook ACT

### 2-3 August 2018

@ Holy Covenant, Cook ACT

### 15-16 November 2019

@ Holy Covenant, Cook ACT

## Fees Find out more

### Fees

Fees for 2018/2019 covers full tuition, personal supervision and accommodation for the residential weekend.

The fee for 2018/2019 is \$2,400 which includes accommodation and meals at the Hermitage.

*Note: The workshops in 2019 are during the day on Friday/Saturday. Overnight accommodation is not provided.*

### More Information

For more information and details about how to apply, contact Sue Dunbar  
E: [suedunbar53@yahoo.com](mailto:suedunbar53@yahoo.com)



Barnabas Ministries Inc

PO Box 3177  
Manuka, ACT 2603  
02 6295 6766  
[www.barnabasministries.org.au](http://www.barnabasministries.org.au)

## Soul Space

A program for the formation  
of retreat leaders



### Do you desire to .....

- deepen your own spiritual journey?
- grow in your gifts and skills to companion others through leading times of retreat?



Barnabas Ministries Inc  
*Soul Care for the Journey*

# Soul Space

The Soul Space program for the formation of retreat leaders is offered by Barnabas Ministries Inc and will be facilitated by Sue Dunbar, Sarah Bachelard and Neil Millar.



The program is for those who sense God calling them to grow in their own contemplative formation and in their capacity to generate environments for others to experience and reflect on the Spirit's presence in their lives.

The program is theologically informed and experientially based. It focuses on the knowledge, gifts and skills needed to facilitate quiet days.

The program is designed to develop participants' contemplative practice through seminars and workshops, reflection times and worship drawing from various Christian traditions.

# Program Objectives

The objectives of the program are to support and equip participants to:

- ◆ Deepen their own capacity and those they lead to notice and attend to their experience of life and the Presence of the Spirit
- ◆ Host and lead quiet days and retreats, including understanding the principles and dynamics of a retreat program and the purpose and possibilities of the movements that take place in the retreat setting.

By program end, participants will have:

- ◆ Deepened their own faith journey through reflecting on quiet day experiences, input, worship and sharing in community.
- ◆ Integrated theological and spiritual insights with retreat leading skills.
- ◆ Further developed gifts and expertise in leading retreats.
- ◆ Gained an awareness of the practical, spiritual and ethical issues in leading retreats and quiet days.

# Program Design

The program is built on five elements:

1. Preparing oneself as a retreat leader
2. Preparing participants
3. Preparing and leading retreats
4. Reflecting on experience
5. Practicum

The program will facilitate transformational learning through activities and experiences including:

- ◆ Workshops
- ◆ Experience of retreat times
- ◆ Communal worship
- ◆ Individual and group reflection
- ◆ Practical application of gifts and skills

