

“Listen into Life”
Residential Program 2022



Information Sheet 2022

February 25- 27, 2022

The Art and Craft of Spiritual Direction

Over this weekend, via video link, Lucy Abbott Tucker will offer her wisdom and experience as a director of more than 35 years, in expanding our knowledge and understanding of the spiritual direction process as both art and craft. She extensive professional experience and a gold mine of stories to offer as we explore this ministry together.

Lecturer: **Lucy Abbott Tucker, BSc, MA Theology**

Lucy Abbott Tucker is a popular and gifted workshop presenter in the USA, where she has been part of the Institute for Spiritual Leadership in Chicago since 1984. She is a frequent presenter at Spiritual Directors International conferences and has offered retreats and workshops throughout the USA, Canada and Europe.

Peer Group Year 1: Introduction to Quads and Quad Booklet (Program Team)
Year 2: Flow of a Direction Session (Program Team)

Peer Supervision: Years 3 & 4: Present Verbatims/Input on Supervision (Program Team)

Personal Growth: Years 3 & 4: (Program Team)

History Unit: 19th Century Spirituality (To be delivered via email between Weekend 1 and 2)

May 27-29, 2022

Expanding our Horizons - Deepening our Centre: Spiritual Direction beyond traditional borders.

Through examining questions around theology and power, and through the sharing of personal experience and professional practice, this topic will explore what it means to spiritually accompany people from diverse faiths and spiritualities whilst also honouring our own.

Lecturer: **Rev Dr Tim McCowan OAM** is a spiritual director, retreat leader and involved in the formation and supervision of spiritual companions and teaches prayer and the art of reconciliation at the University of Divinity (Melbourne) and the Asian Theological Seminary (Manila). He is the founder and past director of Building Bridges in Schools, a program of interreligious and intercultural understanding and co-operation in Australian secondary schools.

Peer Group Years 1: Listening Skills + SD and Therapy (Program Team)
Year 2: Ethics in Spiritual Direction (Program Team)

Peer Supervision: Years 3 & 4: Present Verbatims/Input on Supervision (Program Team)

Personal Growth: Years 3 & 4: (Program Team)

History Unit: Eastern Orthodox Spirituality (To be delivered via email between Weekend 2 and 3)

August 26-28, 2022

Spirituality and Physicality

This topic will explore the human body as the locus for relationship with self, others and the Divine. Through reflection, imagery and movement, we will explore what it means to have an embodied spirituality and the implications for the ministry of spiritual direction

Lecturers: **Dr Bruce Hulme** is Head of the Spiritual Direction and Ministry programs at Tabor College Adelaide. He is a spiritual director and retreat leader. With a background in lay ministry in the Lutheran Church, Bruce's interest in spirituality, holistic formation, reflection and spiritual direction emerged during his theological studies at Tabor. Bruce began his formation as spiritual directors in 2012-2014 in Adelaide's ecumenical 'SPIDIR' program. He co- developed Tabor's Graduate Diploma in Spiritual Direction in 2016. Bruce is married to Sonia and lives in Adelaide with their 5 children.

Sally Jones GDS Sally works as a Mentor and Spiritual Director, which includes facilitating a 3 year Mentor Equipping course with MEQ Sydney. She has been an Adjunct Faculty member of ACOM and SMBC. Sally is passionate about journeying with others as they discover their true selves in Christ and has a particular interest in the relationship between physicality and spirituality.

Peer Group Years 1: Listening Skills + SD and Chaplaincy (Program Team)
Year 2: Supervision (Program Team)

Peer Supervision: Years 3 & 4: Present Verbatims/Input on Supervision (Program Team)

Personal Growth Years 3 & 4: (Program Team)

History Unit: Celtic Spirituality (To be delivered via email between Wkd 3 & 4)

November 11-13, 2022

Spiritual Direction and the Other: Theological Worlds

This topic will invite participants to reflect on the skills needed as well as the challenges and personal transformation required to offer spiritual direction to another who is different. This may include culture, ethnicity, gender, sexual orientation, theological perspective, socio-economic background.

Lecturer: **Ms. Sue Dunbar, BSc, DipEd, MA Spirituality** (Program Director)
Director, Barnabas Ministries Inc. Sue has worked in spirituality and spiritual direction in Australia and overseas. She is a past president of the Australian Network for Spiritual Direction and past member of the Australian Ecumenical Council for Spiritual Direction.

Peer Group Years 1: Listening Skills + Working with an Image
Year 2: Introduction to Verbatims (Program Team)

Peer Supervision: Years 3 & 4: Present Verbatims/Input on Supervision (Program Team)

Personal Growth Years 3 & 4 (Program Team).

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Accommodation:

In 2022 the program will be run at:

THE HERMITAGE

843 Old South Road (PO Box 303)

Mittagong NSW 2575

Phone: (02) 4872 1911

Office Hours: 9:00am to 5:00pm Mon-Fri.

Web: www.thehermitage.org.au

Details of how to get to The Hermitage can be found on their website.

The tuition fee and accommodation cost (full board) for 2022 is \$2950

Our treasurer, Liz Palmer, will invoice you for this.

The invoice may be paid in several ways:

* full payment prior to the 1st weekend

* in two instalments prior to the 1st and 3rd weekends

* in four instalments prior to each weekend.

It is preferable to pay by direct deposit. Bank account details are provided on the invoices.

Cheques should be made payable to: **Barnabas Ministries Inc (LiL)**

Send tuition and accommodation fees to:

The Treasurer (Elizabeth Palmer)

Barnabas Ministries Inc (LiL)

50/123 Boundary Road, Mount Duneed VIC 3217 M:0411 232 533

Attendance

As you are aware it is important that you attend all weekends. Liz Palmer keeps a record of attendance. If exceptional circumstances arise which means that you miss a weekend, you must discuss this with the Program Director (0423 726 812 / suedunbar53@yahoo.com) and also inform Liz (0411 232 533 / liltreasurer@yahoo.com). If you miss more than one weekend in a year, you must repeat the year.

Timetable

Friday

5:30 Arrive/Drinks

6:00 Dinner

7:00 Direction in Quads

8:45 Evening Prayer

Saturday

8:45 Morning Prayer/History

9:30 Input

1:00 Lunch

3:30 Peer Group

6:00 Dinner

7:00 After dinner drinks

8:45 Evening Prayer

Sunday

8:45 Eucharist

9:30 Quads

11:30 Input

1:00 Lunch and depart

Remember that you must attend all quad meetings so it is imperative that you arrive on Friday evening in time for the quads if you will not be there for dinner on Friday evening please inform the staff at The Hermitage beforehand.