

# The Art of Supervision for Spiritual Directors

This course is designed to form spiritual directors in the art and practice of supervision. It is both for spiritual directors who want to:

- ❖ supervise spiritual directors in their practice of ministry or within a training program.
- ❖ gain more from their own supervision experience.

The course begins with a weekend intensive, held in Canberra, followed by six half day online workshops, with course work, individual and peer supervision in between. It is limited to 10 participants. Sue Dunbar and Liz Anne Smith will share their wisdom and experience, accompanying participants as they explore and deepen their own practice of supervision, including using models developed by Lucy Abbott-Tucker and others.



## Input and Models

The course will cover these topics:

- Introduction to Supervision
- Phases of Supervision
- Transference and Countertransference
- Movement and Countermovement
- Developing a contemplative stance
- Developing Reflectivity
- Flow of a Session
- Helper/Witness stance
- Skills and Qualities of Spiritual Director

The course will explore these models:

- Imaginative
- Title, Theme, Affect, Question
- Inner Village
- Grocery List

## Course Dates

Weekend Intensive	Sept 8-10, 2023
Online Gatherings (Sat 9-1pm)	Sept 23, 2023, Oct 24, 2023, Nov 18, 2023, Dec 12, 2023, Feb 10, 2024, Mar 2, 2024

## How to Apply

Use the application form accompanying this flyer or  
Download from website: [www.barnabasministries.org.au](http://www.barnabasministries.org.au)

**Prerequisites:** See Application Form

**Cost:** \$1750

## More information contact:

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